



**Directions to the Valerie Friedman Program Center
34 C Sanrico Drive, Manchester, CT 06042**

From I-84 Eastbound:

- Take Exit 63, and turn left at the end of the ramp onto Route 30. Get in the extreme right hand lane.
- At the first light turn Right onto Parker Street (immediately after the Big Y Plaza)
- Take your second left onto Sanrico Drive in .5 miles (you will pass the other end of Sanrico Drive as the first left, but it's faster if you take the second left).
- We are in the 3rd building on the right hand side.

- **From I-84 Westbound:**

- Take Exit 63 and bear right onto Route 30 at the end of the ramp (stay in the right hand lane).
- Go three lights and turn right onto Parker Street.
- Take your second left onto Sanrico Drive in .5 miles (you will pass the other end of Sanrico Drive as the first left, but it's faster if you take the second left).
- We are in the 3rd building on the right hand side.

- **From Bloomfield and Points North:**

- Take I-291 Eastbound to the merge with I-84 East
- Follow the I-84 Eastbound directions above.

From Points South:

- Take the Route 15 connection from I-91 North to I-84 Eastbound.
- Follow the directions for I-84 Eastbound above